

Supplementary Table S1 *Indukant Kwatham* ingredients

	Indukanth Kwatham Tablet
Sanskrit Name	Latin Name
<i>Putika</i>	<i>Holoptelea integrifolia</i>
<i>Daru</i>	<i>Berberis aristata</i>
<i>Dasamoola</i>	Ten roots (Table 3-a)
<i>Panchakola</i>	Five fruits (Table 3-b)

Supplementary Table S1b *Panchakola* details

<i>Pippali</i>	<i>Piper longum</i> fruit
<i>Pippalimool</i>	<i>Piper longum</i> root
<i>Chavya</i>	<i>Piper retrofractum</i>
<i>Chitrak</i>	<i>Plumbago zeylanica</i>
<i>Nagara</i>	<i>Zingiber officinale</i>

Supplementary Table S1a *Dasamoola* details

<i>Shalaparni</i>	<i>Desmodium gangeticum</i>
<i>Prishniparni</i>	<i>Uraria picta</i>
<i>Brihati</i>	<i>Solanum indicum</i>
<i>Kantakari</i>	<i>Solanum xanthocarpum</i>
<i>Gokshura</i>	<i>Tribulus terrestris</i>
<i>Bilva</i>	<i>Aegle marmelos</i>
<i>Gambhari</i>	<i>Gmelina arborea</i>
<i>Patala</i>	<i>Stereospermum suaveolens</i>
<i>Agnimantha</i>	<i>Premna integrifolia</i>
<i>Shyonaka</i>	<i>Oroxylum indicum</i>

Supplementary Table S2 CA 125 value observed over study duration

Date	Patient's CA 125 in U/mL	
	PSK	BSK
12-04-2018		11
14-06-2018		7.9
30-07-2018	5.9	
20-09-2018		9.8
09-10-2018	5.5	
06-12-2018		9.6
13-02-2019	4.3	
20-02-2019		8
24-05-2019	4.6	
30-05-2019		8.1
22-08-2019		6.7
10-09-2019	6	
27-10-2019	5	
21-11-2019		6.1
05-12-2019	3.9	
10-02-2020		7.4
10-03-2020	3.9	
09-05-2020		5.7
06-08-2020		5.8
29-10-2020	7.3	6.8
08-03-2021		7.5
19-11-2021		5.8

Supplementary Table S3 Hematology and biochemical parameters over total follow-up period

Mean \pm standard deviation	PSK	BSK
Hemoglobin (gm%)	11.95 \pm 1.28	12.6 \pm 0.82
Total leukocyte count (per cubic millimeter)	7478 \pm 1541	7000 \pm 801.8
Platelets (per cubic millimeter)	326000 \pm 103979.8	148000 \pm 36191.1
Total bilirubin (mg%)	0.27 \pm 0.08	0.58 \pm 0.12
SGPT in IU/L (serum glutamic pyruvic transaminase)	29.8 \pm 6.35	30 \pm 5.5
SGOT in IU/L (serum glutamic oxaloacetic transaminase)	26.9 \pm 3.88	28 \pm 5.65
Serum creatinine (mg%)	0.67 \pm 0.03	0.67 \pm 0.02