



Role of Conventional Cytogenetics and FISH in the Laboratory Work Up of Plasma Cell Dyscrasias

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Abstract

Keywords

- plasma cell dyscrasia
- multiple myeloma
- FISH
- MGUS
- SMM
- plasma cell leukemia
- cytogenetics in myeloma

Plasma cell dyscrasias are a heterogeneous group of neoplasms characterized by abnormal proliferation of plasma cells with or without over production of monoclonal immunoglobulins. Chromosomal abnormalities are acquired either early in the course of the disease or during disease progression. Plasma cell dyscrasias are categorized into multiple cytogenetic subtypes that form an integral component of risk-stratified treatment protocols. The primary genetic events are *IgH* gene translocations and non-random gains of chromosomes 3/5/7/9/11/15/19 and or 21. The secondary genetic events consist of chromosome 1 abnormalities (1p deletion and 1q gain or amplification), deletion 17p/TP53, deletion 13q, and *MYC* gene rearrangements. Plasma cells being at the end of differentiation spectrum of B cells, have low proliferative potential precluding the use of karyotyping in identification of chromosomal abnormalities. Analysis of enriched plasma cells using interphase fluorescent in situ hybridization (FISH) is the technique of choice for identifying these abnormalities. It is essential to enrich plasma cells before the FISH analysis, and numerous plasma cell enrichment techniques have been described. In the paper, we review the cytogenetic approach to identify clinically significant genetic aberrations including the effective use of FISH panels and plasma cell enrichment techniques.

Introduction

Plasma cell dyscrasias are a group of heterogeneous neoplasms characterized by clonal proliferation of plasma cells. Based on the percentage of plasma cell infiltration in the bone marrow, the type of monoclonal protein, association of CRAB (hypercalcemia, renal impairment, anemia, or lytic bone lesions) plasma cell dyscrasias are classified as^{1,2}:

IgM monoclonal gammopathy of undetermined significance

Non IgM monoclonal gammopathy of undetermined significance

Smoldering (asymptomatic) plasma cell myeloma

Multiple myeloma (plasma cell myeloma):

- Multiple myeloma NOS
- Multiple myeloma with recurrent genetic abnormality
- Multiple myeloma with *CCND* family translocation
- Multiple myeloma with *MAF* family translocation
- Multiple myeloma with *NSD2* family translocation
- Multiple myeloma with hyperdiploidy

Solitary plasmacytoma of bone

Extraosseous plasmacytoma

Monoclonal immunoglobulin deposition disease

Immunoglobulin light chain amyloidosis (AL)

Localized AL amyloidosis

Light chain and heavy chain deposition disease

The plasma cells undergo several rounds of differentiation in the bone marrow and secondary lymphoid organs and

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involve V(D)J rearrangements and somatic hypermutation with class switch recombination.³ Sentinel chromosomal abnormalities acquired in the process of maturation and differentiation result in neoplastic transformation of the plasma cells.³ These cytogenetic abnormalities are integral to risk stratified treatment protocols. The founding or primary chromosomal abnormalities that occur early in the course of the disease are *IgH* gene rearrangements and aneuploidy.^{3,4} Secondary chromosomal abnormalities are either acquired or enriched at disease progression and include deletion of short arm of chromosome 17 (deletion 17p/*TP53*), deletion of short arm of chromosome 1 (1p deletion), gain or amplification of long arm of chromosome 1 (1q gain/amp), deletion of long arm of chromosome 13 (13q deletion) and *MYC* gene rearrangements.⁴

In *IgH* gene rearrangements, the promoter sequences of the *IgH* enhancers cause overexpression of the partner genes. The recurrent *IgH* translocations in multiple myeloma (MM), involve *CCND1* at 11q13, *CCND3* at 6p21, *FGFR3/MMSET/CCND2* at 4p16 resulting in increased expression of cyclin D family of genes that promote cell cycle progression and increased proliferation. *IgH* translocations involving the *MAF* family of genes include *MAF* at 16q23 and *MAFB* at 20q11, resulting in the upregulation of *MAF*-associated transcription process.⁵

Aneuploidies include hyperdiploid MM and the non-hyperdiploid MM. Hyperdiploidy in plasma cells neoplasms is characterized by nonrandom gains of chromosomes 3, 5, 7, 9, 11, 15, 19, and 21. The gains of chromosomes result in gene dosage effects, altering gene expression. Gains of chromosome 11 is associated with the overexpression of the *CCND1* gene. Nonhyperdiploid MM includes hypodiploid (<45 chromosomes) and pseudodiploid (45–46 chromosomes).^{5,6}

Secondary cytogenetic abnormalities can be present either at diagnosis or may be enriched or acquired during progression of the disease. The molecular mechanisms that promote progression include the activation of the *RAS* pathway and *MYC* overexpression accompanied by DNA hypomethylation leading to genomic instability (→Fig. 1).

In this review, we will focus on the role of cytogenetics for the work up of plasma cell dyscrasias.

Cytogenetic Risk Stratification

MM is a heterogeneous disease characterized by multiple genetic subtypes that have varied response to treatment and are an integral component of risk stratification of the disease. The impact of cytogenetic abnormalities on time to progression (TTP) varies according to the type of plasma cell dyscrasia. In MM, the standard risk abnormalities include t(11;14), t(6;14), and hyperdiploidy (gains of 3/5/7/9/11/15/19 and or

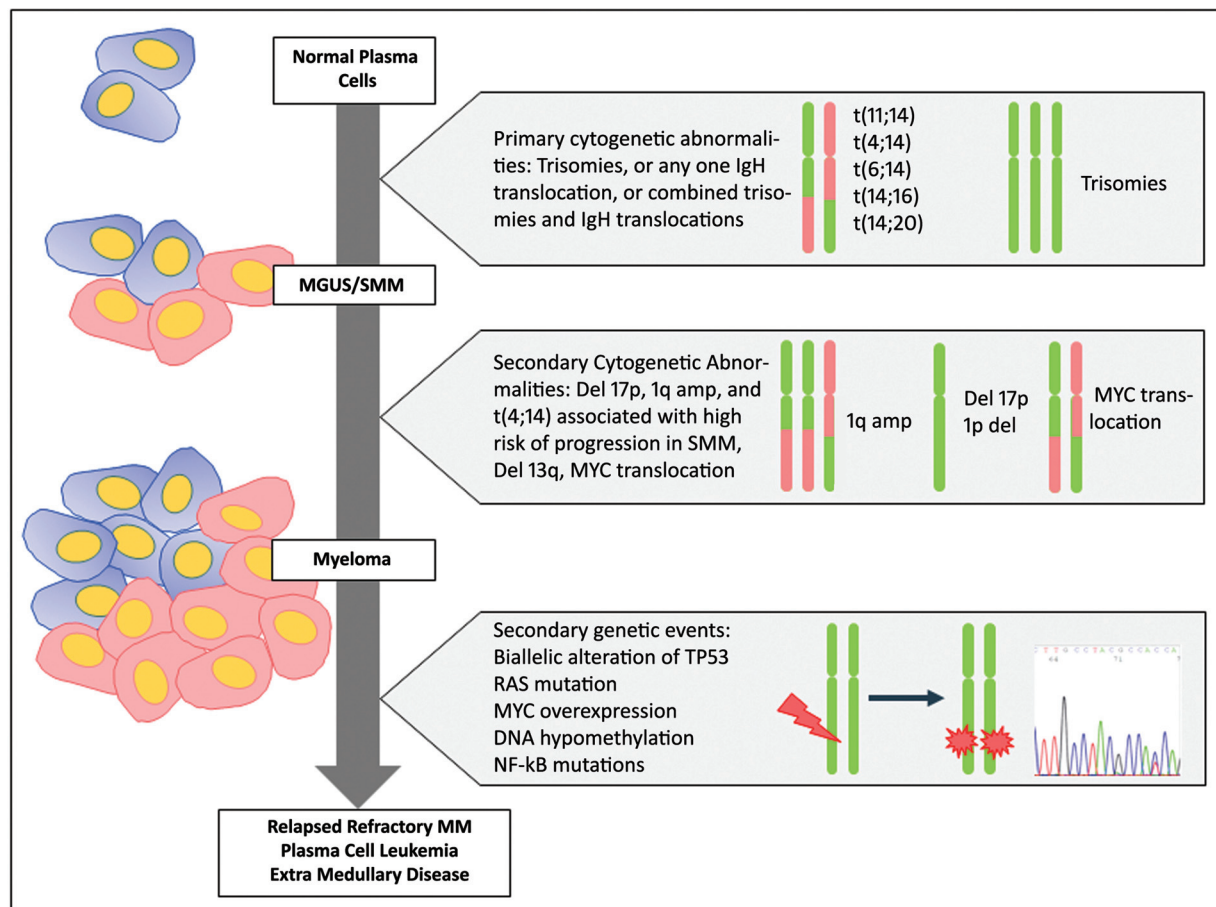


Fig. 1 Cytogenetic and genetic abnormalities occurring in the evolution of plasma cell dyscrasias.

21) and high-risk abnormalities include t(4;14), t(14;16), t(14;20), deletion of short arm of chromosome 17 (Del 17p), gain or amplification of long arm of chromosome 1 (1q gain/amp), deletion of short arm of chromosome 1 (1p deletion), *MYC* gene rearrangements, and deletion of long arm of chromosome 13 (13q deletion).^{1,2,7,8}

The revised international staging system for myeloma established by the International Myeloma Working Group includes high-risk cytogenetic abnormalities such as t(4;14), t(14;16) deletion 17p/*TP53* along with serum albumin, serum β -2 microglobulin, and serum lactate dehydrogenase levels. The second revision of the RISS excluded t(14;16) and included 1q amplification in the scoring system.⁹

The Mayo Clinic includes both the standard risk and high-risk cytogenetic abnormalities in the Stratification for Myeloma and Risk Adapted Therapy (mSMART) protocol (► **Table 1**).^{10–13}

Double-Hit and Triple-Hit Myeloma

The mSMART 3.0 proposed by the Mayo Clinic has proposed a concept of double-hit myeloma and triple-hit myeloma similar to the concept seen in lymphomas.¹⁴ These are defined as follows:

High-risk abnormalities include deletion 17p/*TP53*, 1q gain/amp, t(4;14), t(14;16), t(14;20)

Double-hit MM (DH-MM) includes any two high-risk abnormalities

Triple-hit MM (TH-MM) includes three or more high-risk abnormalities

These are considered as the 'ultra-high risk' abnormalities showing rapid disease progression and shorter overall survival as compared to MM having a single or no high-risk abnormality. The most common high-risk abnormalities seen were 1q gain/amp, t(4;14), deletion 17p/*TP53* in several studies.^{15,16}

Table 1 mSMART 3.0 criteria for risk stratification of active multiple myeloma

mSMART 3.0 (risk stratification of active MM)	
Standard risk	High risk ^{a,b}
Trisomies of 3/5/7/9/11/15/19 and or 21*	t(4;14)
t(11;14) ^d	t(14;16)
t(6;14)	t(14;20)
	Del 17p
	<i>TP53</i> mutation
	1q gain
	<ul style="list-style-type: none"> • R-ISS stage 3 • High-plasma cell S-phase^c • GEP: High-risk signature
Double-hit myeloma: any 2 high-risk abnormalities	
Triple-hit myeloma: ≥ 3 high-risk abnormalities	

^aTrisomies may ameliorate.

^bBy FISH or equivalent method.

^cCutoffs vary.

^dt(11;14) may be associated with plasma cell leukemia.

Cytogenetic Lab Approach in MM

The cytogenetic strategy in plasma cell dyscrasia is based predominantly on FISH analysis of neoplastic plasma cells. The use of karyotyping has decreased in recent years due to reasons explained below. Although single nucleotide polymorphism (SNP) array has been used to identify copy number abnormalities, it does not identify fusions and the results have to be integrated with FISH analysis.^{17,18}

Transcriptomic analysis has been used to identify high-risk gene expression signatures.^{19,20} This review will focus on FISH-based approach to identify the genetic subtypes.

Karyotyping (Conventional Cytogenetics)

Karyotyping relies on the ability of plasma cells to divide, which is limited, making it difficult to acquire metaphases for study. Stimulants such as lipopolysaccharide (LPS), 12-O-tetradecanoylphorbol-13-acetate (TPA or phorbol 12-myristate 13-acetate), and cytokines (interleukin-6 and granulocyte-macrophage colony-stimulating are used to increase the yield of metaphases, their role in IgM-negative B cells being limited.^{21,22} Oligonucleotides containing CpG motif, such as synthetic DSP30, can stimulate cells of the immune system in vitro and hence can be used to increase the yield of metaphases in vitro.²³ Various cytokines such as IL-10, IL-2, and TNF-alpha can also be used as mitogens for increasing the yield of metaphases.²³ Though G-banded analysis has the advantage of whole genome analysis at a low resolution (► **Fig. 2A**), low or no yield of metaphases from the plasma cells limits its utility in identifying the subtypes. Karyotyping fails to identify cryptic translocations involving the *IgH* locus such as t(4;14) and t(14;16) and a subset of cryptic 17p deletions. Hence, FISH is a superior tool with better sensitivity and specificity in identifying the clinically relevant genetic subtypes.^{17,24}

Fluorescent in-situ Hybridization

FISH does not require live cells and can be performed on interphase cells. Plasma cell infiltration of the bone marrow can be patchy in MM, and the percentage of plasma cells in the marrow may vary. It is essential to enrich plasma cells before application of probes and performing the FISH analysis. Currently, FISH is the preferred tool to identify the genetic subtypes for risk stratification in MM patients.^{24–27}

Various Plasma Cell Enrichment Techniques

- 1) Magnetic cell sorting (MACS)
- 2) Fluorescence activating cell sorting (FACS)
- 3) Targeted manual sorting
- 4) Customized automated image analysis
- 5) Cytoplasmic immunoglobulin FISH (cIg-FISH)
- 6) Target FISH²⁸

Magnetic Cell Sorting

The adhesion of the plasma cells to an antibody cocktail serves as a basic principle for sorting the cells. Fresh heparin bone marrow samples are treated with an anti-CD138 and

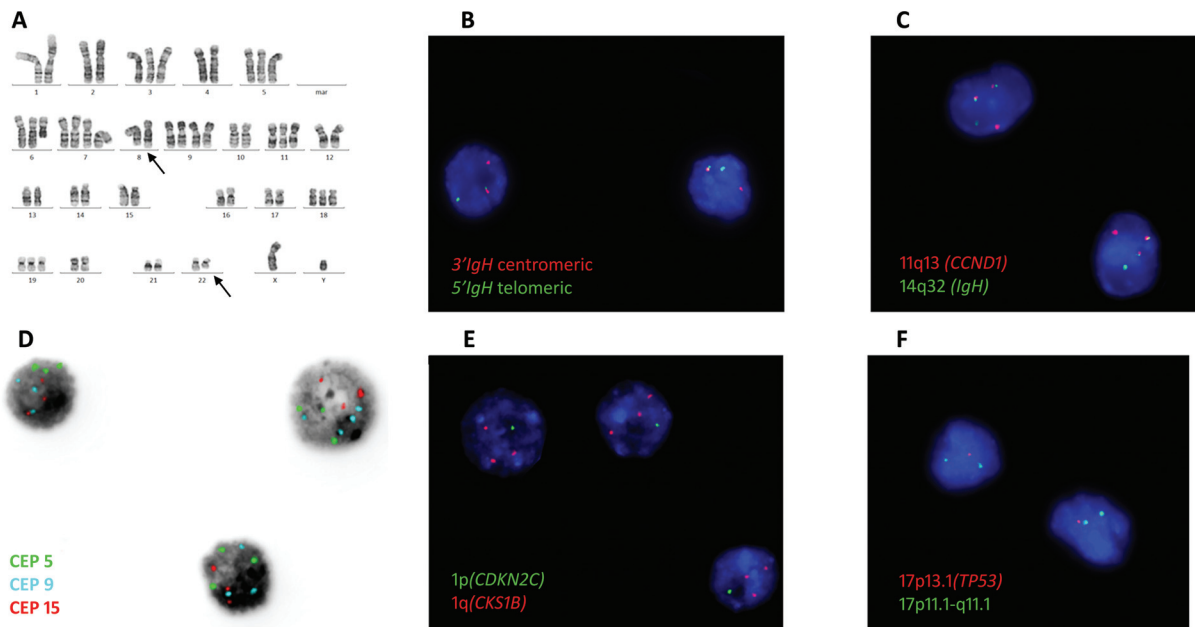


Fig. 2 (A) GTG banded karyotype image showing hyperdiploidy with deletion of long arm of chromosome 6 and a balanced translocation between the long arms of chromosome of 8 and 22. (B) Interphase FISH with *IgH* break-apart probe positive for *IgH* rearrangement. (C) Interphase FISH with *CCND1::IgH* dual color dual fusion probe positive for t(11;14). (D) Interphase FISH with LSI D5S23, D5S721/CEP 9/CEP 15 tricolor probe depicting trisomies for chromosomes 5, 9, 15. (E) Interphase FISH with 1p(*CDKN2C*)/1q(*CKS1B*) LSI probe depicting deletion of 1p(*CDKN2C*) and gain of 1q(*CKS1B*). (F) Interphase FISH targeting *TP53* gene depicting *TP53* deletion.

anti-dextran antibody complex. Magnetic beads are added that bind to the dextran complex and this is subjected to a magnetic chamber for separation. The unbound particles are washed off and the mixture obtained contains the sorted plasma cells (► **Fig. 3**). The technique is cost-effective and requires fresh samples, as the yield decreases with the age of the sample.²⁸

Fluorescence Activating Cell Sorting

Flow cytometric sorting of neoplastic plasma cells is performed using a cocktail of various antibodies (e.g., anti-CD45, anti-CD56, and anti-CD38) along with assessment of light scattering ability of plasma cells. FACS is more efficient than MACS as it uses multiple antibodies and parameters to identify and sort neoplastic plasma cells, thereby increasing the yield of plasma cells available for characterization. Higher capital and maintenance costs and restricted access coupled with cost of monoclonal antibodies have limited the use of sorter in most of the routine diagnostic laboratories.^{28,29}

Targeted Manual Sorting

Targeted manual sorting relies on morphological identification of large mononuclear cells. One of the limitations of Target FISH is the intensity of signals that is weak and not uniform across the slide. The technique is subjective, requires skilled manpower, is time consuming with an increase possibility of false-negative results.²⁸

Customized Automated Image Analysis

FISH slides are subjected to automated slide scanning where the mono nuclear cells are identified using a software classifier. The ability to count more cells increases the sensitivity of this technique as compared to manual analysis. The major drawback is the capital costs and infrastructure required to store and analyze the images.²⁸

Cytoplasmic Immunoglobulin

Plasma cells are differentiated from other cells in the marrow by staining them with anti-kappa or anti-lambda antibodies (cytoplasmic immunoglobulin FISH [clg-FISH]). The method is tedious, requires additional time for careful meticulous examination of the slides. In cases with aggregation of small plasma cells, the analysis is difficult. The modified clg FISH has refined the identification of plasma cells by fixing the plasma cells to avoid clumping or aggregation by replacing 96% ethanol wash with 100% methanol. The method is the preferred technique of FISH on plasma cells in a large number of laboratories.³⁰⁻³²

Target FISH

Plasma cells are sorted by centrifugation using Ficoll and are then stained with May-Grünwald Giemsa (MGG) stain. Plasma cells are identified based on morphology and are captured using an automated system. These slides are then de-stained and FISH is performed on the same slides.

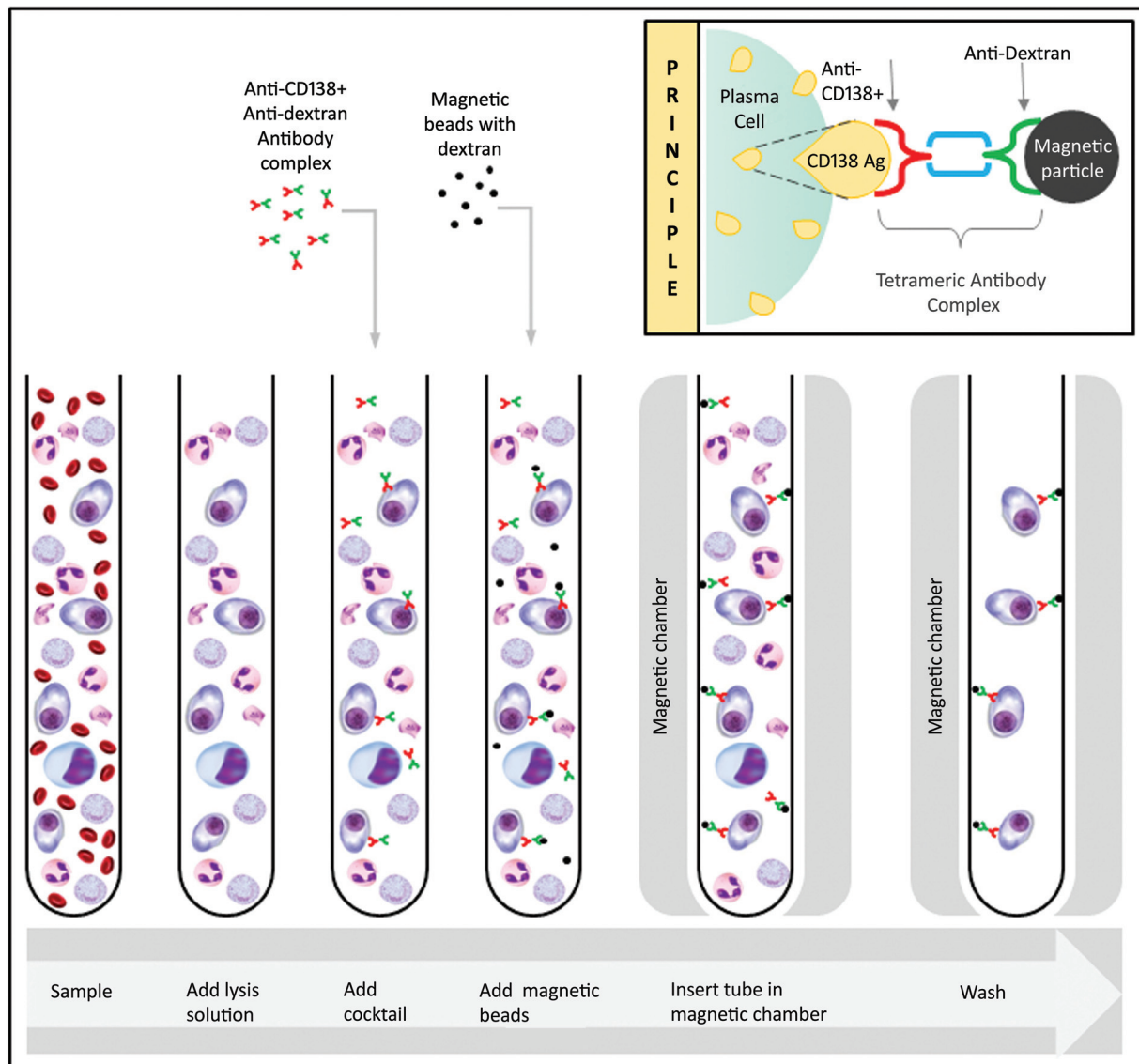


Fig. 3 Magnetic cell sorting (MACS) of CD138+ plasma cells using anti-CD138 and anti-dextran complex through positive selection of plasma cells in a magnetic chamber.

Plasma cells are identified based on the analysis of previously captured and analyzed images and FISH signals are recorded on the same cell. The disadvantage is that thousands of images are captured and there are reports of discordant results between the images captured.³³

Quantitative Multigene Fluorescent in-situ Hybridization

Quantitative multigene fluorescent in-situ hybridization (QM-FISH) is a cytological high-resolution technique used to identify heterogeneity and clonal evolution in cases of MM. Single cell analysis could provide new insights into the clonal evolution in MM. Because MM is a heterogeneous disease, clonal evolution is a continuous process and QM-FISH can only identify selective abnormalities. QM-FISH could prove to be an important tool to analyze the new

emerging clones with its sensitivity being similar to conventional FISH.³⁴

Pre-analytical Variables and Quality Control

The first pull bone marrow aspirate sample is the preferred sample for cytogenetic studies in MM. The sample should be transported as soon as possible to the laboratory and processed with minimum delay. A delay in the transport and processing of samples results in the depletion of the plasma cells impacting the results of the study. Hemolyzed and clotted samples adversely impact the plasma cell enrichment process and a repeat sample should be requested. While standardizing the plasma cell enrichment process using MACS, flow cytometry-based analysis should be performed to evaluate the efficiency of the enrichment process to positively select the CD138-positive plasma cells. The laboratory should perform analysis on known positive and

negative samples to calculate the cut-off for each probe. A recommendation of 10% for fusion or break-apart probes and 20% for numerical abnormalities has been mentioned in some studies.³⁵

These recommendations are not universally accepted and ideally the laboratories should define their own cut-off values for each probe. It is expected that in samples with plasma cell enrichment the primary abnormalities will be present in the majority of the cells as compared to the secondary abnormalities. Ideally, 100 cells should be evaluated by at least two analysts.³⁵ Cut-off values for each probe can be calculated by either using CV with standard deviation and beta inverse function or using the Excel (Microsoft, Redmond, WA) statistical function CRITBINOM (n, p, α) with a confidence level of 95%.³⁶

FISH studies on bone marrow biopsies are technically challenging with high frequency of failure due to the use of acids in decalcification process. Fixation in 10% neutral buffered formalin for at least 24 hours and EDTA-based decalcification are recommended for optimal FISH analysis on bone marrow biopsy specimens. In patients, showing patchy interstitial infiltration by plasma cells in the bone marrow biopsy, identifying the plasma cells is challenging and essential expertise is required to avoid false-negative results.

Probe Selection

To identify deletions/amplifications dual-color locus specific probes with an internal control is recommended. A break-apart probe is used for identifying *IgH* and *MYC* rearrangements. Dual color fusion probes are used to identify specific *IgH* partners.^{35,37}

Step Wise FISH Strategy

FISH analysis to identify the clinically relevant genetic subtypes is performed in a stepwise manner to judiciously utilize the enriched plasma cells and save costs (►Table 2). The first step involves testing for 17p,13q deletion, 1q gain/1p deletion, *IgH* and *MYC* rearrangement using respective break-apart probes and centromeric probes targeting 5,9,15 to identify trisomies. Based on the results of the initial panel, patient samples positive for *IgH* rearrangement (►Fig. 2B) are reflex tested using specific fusion probes to identify the partner. Follow-up samples are tested for deletion 17p, *MYC* rearrangements, and 1q gain/amp.

Subtypes Based on Genetic Abnormalities

IgH Rearrangements

IgH rearrangements occur early in the course of the disease. The rearrangements result in over expression of the partner gene due to the impact of enhancer elements in the promoter regions of the *IgH* gene.³⁸ The *IgH* rearrangements based on the partner gene can be sub grouped as

IgH Rearrangements with *CCND* Family: *t*(11;14) and *t*(6;14)
Translocations involving the *CCND* family of genes are associated with standard risk as per the mSMART criteria. *t*(11;14)

Table 2 Stepwise FISH strategy in multiple myeloma

At diagnosis
<i>IgH</i> gene rearrangement
Deletion 17p
1q gain/amplification
1p deletion
8q24.1 rearrangement, <i>MYC</i> break apart
Deletion 13q
CEP 5/9/15 (By FISH or flow ploidy)
If positive for <i>IGH</i> gene rearrangement
<i>t</i> (11;14)(q13;q32), <i>CCND1::IgH</i> fusion
<i>t</i> (6;14)(p21;q32) <i>CCND3::IgH</i> fusion
<i>t</i> (4;14)(p16.3;q32) <i>FGFR3::IgH</i> fusion
<i>t</i> (14;16)(q32;q23) <i>IgH::MAF</i> fusion
<i>t</i> (14;20)(q32;q12) <i>IgH::MAFB</i> fusion
At follow-up
Deletion 17p
1q gain/amplification
8q24.1 rearrangement, <i>MYC</i> break apart

(q13;q32) involves the *CCND1* gene (►Fig. 2C) and is seen in 15-20% of patients, while *t*(6;14) (p21;q32) involves the *CCND3* gene and is seen in < 5% of patients. The translocations cause dysregulation in cyclin D, resulting in the *RB1* gene inactivation leading to cell cycle progression.^{5,6,39,40} Patients with *t*(11;14) also show overexpression of *BCL2* and are known to benefit from therapy with Venetoclax (*BCL2* inhibitor).^{41,42} Though *t*(11;14) is associated with standard risk it has been reported in cases of primary plasma cell leukemias and in association with *MYC* rearrangements.^{43,44}

IgH Rearrangements with *MAF* Family Translocation

Translocations *t*(14;16)(q32;q23) and *t*(14;20)(q32;q11) are seen in < 3% and < 1%, respectively, are associated with high risk. These upregulate the *MAF* family of genes, thereby activating the transcription by overexpression of *CCND2*.^{5,6,40}

IgH Rearrangements with *NSD2* Translocation

Translocation *t*(4;14)(p16;q32) is seen in 15% of the cases and is associated with high risk. It causes the overexpression of *FGFR3* (fibroblast growth factor receptor 3) and *NSD2* (nuclear receptor binding SET domain protein 2), the latter also known as *MMSET* (multiple myeloma SET domain protein). *FGFR3* plays an essential role in regulating cell proliferation, differentiation, and apoptosis. The majority cases of *t*(4;14) show the overexpression of *CCND2*, a cell cycle regulator, though the exact mechanism is not understood.^{5,6}

Aneuploidy

Aneuploidies are recurrent cytogenetic subtypes in MM and can be categorized into hyperdiploid and nonhyperdiploid groups.

Hyperdiploidy

Hyperdiploidy (>46 up to 75 chromosomes) is associated with standard risk and is seen in ~55% of patients. It is characterized by non-random gain of chromosomes 3/5/7/9/11/15/19 and/or 21 (►Fig. 2D). Studies have shown that trisomy 3 and trisomy 5 are associated with a better overall survival (OS), whereas trisomy 21 is associated with a poor OS.^{45,46} The diagnosis of hyperdiploid MM is based on the presence of at least gains of two or more chromosomes in the absence of any monosomies on FISH analysis.⁴⁷

The non-hyperdiploid MM group includes hypodiploidy (<45 chromosomes) and pseudodiploidy (45–46 chromosomes). The most common monosomies seen are for chromosomes 13, 14, 16, and 22. This group is associated with a poor prognosis.^{6,48}

Chromosome 1 Abnormalities

1q Gain/amplification

Gain/amplification of long arm of chromosome 1 (1q21) is seen in 28 to 44% cases of MM. It is a secondary abnormality acquired during progression of disease. The copy number gain of 1q21 (+1q21) is subclassified into gains (3 copies) and amplification (≥4 copies). Prognostically, 1q21 amplification is associated with a worse overall survival as compared to gain of 1q21⁴⁹ (►Fig. 2E). Over expression of *CKS1B* was initially thought as the driver event, but later multiple genes such as *MUC1*, *MCL1*, *ANP32E*, *BCL9*, *PSMD4*, *PDZK1*, *NEK2*, *ARNT*, *ILF2*, and *ADAR1* have been known to play a role in progression.^{49–54} Jumping translocations involving 1q is another known mechanism that results in gains of 1q.⁵³ The gain of 1q21 is considered as high risk as per the mSMART v 3.0 criteria and has been incorporated into the second revision of RISS.⁹

1p Deletion

Deletion of short arm of chromosome 1 is seen in 18 to 38% of patients and is associated with poor outcomes. The recurrent deletions are seen at loci 1p22 and 1p32 (►Fig. 2E). While deletions involving the locus 1p22 have not shown significant impact on survival, deletions involving the locus 1p32 (houses genes *CDKN2C* and *FAF1*) are associated with t(4;14), deletion 17p/TP53 and 13q deletion. Some studies have suggested deletion of 1p32 as an independent prognostic risk factor with a high risk for relapse and early death.^{55–57}

Deletion 17p/TP53

Deletion 17p/TP53 is associated with high-risk disease and can be acquired or enriched on disease progression⁵⁸ (►Fig. 2F). The bi-allelic inactivation of the *TP53* gene is a marker of 'ultra-high risk disease'.⁵⁹ Recently, this entity has also been included as a criteria for double/triple-hit myeloma.¹³

Chromosome 13

Monosomy 13 and large deletions on long arm of chromosome 13 are established recurrent cytogenetic abnormalities in MM, resulting in deletion of the *RB1* gene. The size of the

deletions varies and a commonly deleted region of pathogenic significance has not been clearly defined. Previous studies have inferred that poor prognosis in 13q deletions is associated with large deletions/monosomy 13 identified on karyotype rather than smaller deletions identified on FISH only.⁶⁰ However, the observation was not consistent in subsequent studies and it is now known that adverse prognosis in 13q deletions is more due to its association with other high-risk markers such as t(4;14) and deletion 17p/TP53.⁶

Role of MYC

MYC translocations are seen in 13 to 15% of newly diagnosed or relapsed cases of MM. These are commonly associated with older age group, plasmablastic morphology, hypercalcemia, 1q amplifications, and a poor outcome.^{61–63} PARP1 inhibitors have been suggested as a therapeutic option in patients with *MYC* rearrangements based on the evidence that *MYC* acts as a promoter of PARP1 mediated repair in MM.⁶⁴ *MYC* gene rearrangements involving the enhancer elements of the kappa and lambda light chain genes, i.e., t(8;22)(q24;q11) and t(2;8)(p12;q24) are rare and are associated with light chain type of monoclonal gammopathy⁶⁵ (►Fig. 2A).

Data from India on Frequencies of Cytogenetic Abnormalities

There are a few studies on cytogenetic characterization of myeloma patients from India, one of the largest one describes the frequency of cytogenetic abnormalities in 475 patients identified on FISH analysis on enriched plasma cells. The study reported abnormalities in 66% of patients with high-risk abnormalities in 52% of patients. The study also reported smaller clonal size of secondary abnormalities compared to primary abnormalities. The frequency of t(4;14) was reported to be higher than t(11;14).³⁷

Role of FISH in Other Plasma Cell Dyscrasias

Monoclonal Gammopathy of Undetermined Significance (MGUS)

MGUS is characterized by the presence of serum monoclonal protein < 3 g/dL and the bone marrow shows < 10% PCs and have a 1% per year risk of progression to MM.^{19,66}

Deletion 17p/TP53, t(4;14), and trisomies are associated with a shorter time to progression (TTP) as compared to the other cytogenetic markers in MGUS. In these patients, it was suggested that trisomies may be an indicator of genomic instability, hence resulting in shorter TTP.⁶⁷

Smoldering Multiple Myeloma (SMM)

SMM represents a stage between MGUS and MM and is characterized by a serum monoclonal protein ≥ 3 g/dL, bone marrow PCs ≥ 10% without CRAB features (hypercalcemia, renal impairment, anemia, or lytic bone lesions). The risk of progression to MM is 10%, 3%, and 1% per year during the first 5 years, next 5 years, and subsequent 10 years after diagnosis respectively.⁶⁸ In a large study with cytogenetic

data available in 689 SMM patients t(4;14), t(14;16), +1q, 13q deletion/monosomy 13q and deletion 17p/TP53 were associated with a shorter probability of progression at 2 years.⁶⁹ In other studies, the presence of t(4;14), deletion 17p/TP53, and 1q gain/amp were found to be associated with shorter TTP.^{70,71}

Plasma Cell Leukemia

Plasma cell leukemia (PCL) is an aggressive form of plasma cell dyscrasia and can present as de novo primary PCL (pPCL) or can be derived from a pre-existing plasma cell dyscrasia, as a secondary PCL (sPCL). In PCL *IgH* translocations, deletion 17p/TP53, 1q gain/amp, and *MYC* gene rearrangements are associated with a high risk. pPCL is frequently associated with t(11;14) and sPCL with t(4;14).⁷² Translocation t(11;14) a standard risk marker in MM is associated with an aggressive course in patients of pPCL.^{72–74} The two genes reported to be involved in t(11;14) are *CCND1* and *MYEOV*. *MYEOV* is not commonly seen involved in MM patients.⁷⁵

Summary

Plasma cell neoplasms are characterized by primary founding chromosomal abnormalities that includes *IgH* translocations and aneuploidies. Secondary abnormalities acquired at a later stage of the disease evolution includes 17p/13q deletions, 1q gain/amp, 1p deletion and *MYC* rearrangements.

FISH is the most effective efficient cost-sensitive genomic technique to identify the cytogenetic abnormalities that are essential for risk-stratified therapy in modern treatment protocols. It is essential to enrich the plasma cells before FISH analysis to ensure accurate identification of the abnormality.

Authors' Contributions

A.D. and M.P. wrote the original draft, S.D. prepared the figures; M.P. and A.D. have full access to all data and the final responsibility for publication. All authors reviewed the manuscript draft submitted for publication.

Conflict of Interest

None declared.

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